National Trust Fund For Community Health

3rd Floor, Atchia Building, Suffren Street, Port Louis <u>MAURITIUS</u>

07th December, 1998

To Whom It May Concern

This is to certify that the National Trust Fund For Community Health which is under the acgis of the Ministry of Health and Quality of Life had retained the services of Mr. Trilo Gujadhur and his wife Mrs. Shiksha Gujadhur of the Ackbour Yoga Movement for conducting a three months (part-time) Training of Trainers in Yoga on each Saturday from 19.7.97 to 4.10.97 at District level. The basic aim of the course was to train Yoga Instructors who will in turn conduct Yoga Courses in the vicinity of Area Health Centres, an at a later stage at grassroots level.

Mr. T.Gujadhur was responsible for the supervision and co-ordination of the training courses for the major part of the island.

He has also undertaken the co-ordination of the three-month courses for the year 1998 in the vicinity of Area Health Centres very painstakingly and systematically.

The advice and suggestion of Mr. T.Gujadhur are indispensable in the implementation of the Yoga Project, be it at National or Grassroots level. He has given entire satisfaction in the running of the yoga courses. Besides he is most willing to give his assistance as and when required for the preparation yoga culture in the community.

H.Bessoondyal Chairman, N T F C H.